



NAMI CCNS 2011 Walk
Raising Awareness With Every Step

Information Sheet

Date: Sunday, October 23, 2011

Location: Blue Star Memorial Woods at Harms and Lake in Glenview, Illinois

Walker Check-in Time: 8:00 a.m.

Step-Off: 9:00 a.m.

Distance: 5 Kilometers Rain or Shine!

Join us for our first Walk!!! Mark your calendars today!

Start a team for your family, friends, or business! This action packed day promises to be fun-filled for individuals, groups, and families interested in supporting NAMI CCNS, an independently run affiliate of the National Alliance of Mental Illness (NAMI), the first advocacy group for persons with serious mental illness and their families. Live music, giveaways, face painting, and a relaxing walk route will help to create an enjoyable and educational day for all participants.

Sponsor the Walk through donations of cash or goods and services. Join us in eradicating the stigma associated with mental illness and in supporting the advocacy and outreach efforts of NAMI CCNS for those whose lives are affected by mental illness.

Ways to participate:

1. Form and lead a team of walkers
2. Register to walk with a team or independently
 3. Support a walker
 4. Volunteer to help at the event
 5. Become a corporate sponsor
6. Make a donation online at www.namiccns.org

Details:

- For more information, visit www.namiccns.org or contact us at 847-716-2252.
- There is no fee to walk! Participants are encouraged to collect donations from family members, friends, and business associates in support of their participation in the Walk.
 - Each walker raising \$100 or more will receive a t-shirt!
- Corporate Sponsorship opportunities for this Walk are varied! Consider sponsoring this Walk today!
- Demonstrate your support for mental health and wellness by having your company's logo printed in Walk promotional materials.