

# Mental Health Centers

## Outpatient Non-profit in Our Extended Area



**Not all services are listed. Please contact the center directly for complete information.**

**Some friendly advice** – There is a shortage of services for people living with mental illness. If you are told “no appointments available for three months,” **take it**. One appointment is better than none. Ask to be called if there is a cancellation. You can call other centers to see if an earlier appointment is possible. An opening may come up sooner than expected.

Name	Address	Phone	Website	Comments
Alexian Bros Center for Mental Health	3436 N Kennicott Arlington Hts	847-952-7460	Alexianbrothershealth.org/acmh	Mental health and substance abuse counseling, individual, family, groups, DBT, women’s groups, psychological testing, meds mgmt., residential program. Partial hospitalization program. Psychiatrist on staff. Gail Nelson, Crisis Team, 847-952-7476
Asian Human Services Family Health Center	8800 Lockwood Dr Skokie	8471400-983-	Ahshchicago.org	Both Medical & Mental Health services. Many Asian languages. Medicare, Medicaid, sliding fees. Child & adult
Behavioral Services Center - <i>Urgent Walk-In Center</i>	8707 Skokie Blvd #207 Skokie	847-673-8577	Integrative-health.us/urgent-walk-in-center	<b>Urgent counseling</b> service in response to severe anxiety and depressive symptoms (without Suicidal Thoughts), family conflicts, relationship difficulties, and substance abuse. For emergencies – suicidality, psychosis, etc, go to nearest emergency room or call 911.
C-4 - Community Counseling Centers of Chicago	4740 N Clark and five add’l Chicago locations	773-769-0205	C4chicago.org	Child, Adoles, Adult. Counseling/therapy – indiv, family, and group. Medication monitoring. Psychiatric Evals. Crisis services and 24 hr crisis intervention
Erie Evanston/Skokie Health Center	1285 Hartrey Ave Evanston	847-666-3494	eriefamilyhealth.org	Medical, dental, & behavioral health care-child, adult. Sliding scale fees.
Family Service Centers	3545 Lake Ave, Wilmette 1830 Techny Ct, Northbrook	847-251-7350	Familyservicecenter.com	Indiv & family therapy, parenting programs Must live or work in Wilmette, Glenview, Northbrook. Sliding scale fees.
Family Service of Winnetka-Northfield	992 Green Bay Rd Winnetka	847-446-8060	Familyservicewn.org	Affordable counseling and psychotherapy. Free “Parent Chat” to get a better understanding of what is going on with their child. Must live or work in Winnetka or Northfield.
Haven Youth & Family Services	825 Green Bay Rd #200 Wilmette	847-251-6630	Havenforyouth.org	For adoles and their families. Indiv, family, group therapy. Support groups for teens. Emergency housing and crisis intervention. Must live in New Trier or Northfield townships.
Housing Options	1132 Florence Ave Evanston	847-866-6144	Housingopt.org	Affordable, furnished housing in Evanston and non-residential support – Meds mgmt., living skills. Supportive employment
Josselyn Center	405 Central Ave, Northfield	847-441-5600	Josselyn.org	Child, adoles, adult psychiatric svces – indiv and family therapy, psychological testing, meds monitoring.
Kenneth Young Center	1001 Rohlwing Rd, Elk Grove Village, also Hoffman Estates, Mt. Prospect	847-524-8800	Kennethyoung.org	Adult, child and adolescent. Counseling, support, mediation. Multiple services for adults with mental illness – learning living skills, employment, transitional apartment living. Community education and prevention services .
Lake County Child & Adolescent Services	820 Greenwood Waukegan	847-360-3160 847-377-8110	Lakecountyil.gov/health	Individual, family, group, respite, and crisis counseling. Services for youth and their families in Lake County. Hospitalization assessment for youth with Medicaid, Kidcare, or are uninsured. Counseling in communities, including schools. Case managers available to assist families
Lake County Adult Mental	3012 Grand Ave Waukegan	847-377-8180	Lakecountyil.gov/health	Adults – counseling, crisis counseling and respite, case management, housing programs, and substance abuse services.

Health Services	423 E Washington Round Lake Park	847-377-8855	CRISIS 847-377-8088	
Independence Center	2015 Washington St, Waukegan	847-360-1020	icwaukegan.org	Living skills, goal setting, becoming independent, supportive housing and employment
Leyden Family Services	10001 Grand Ave, Franklin Park	847-451-0330	Leydenfamilyservice.org	Counseling, treatment, and preventive care for adults, adolescents, children, seniors, and families. Residential program. Substance Abuse, medically monitored detox, and DUI programs
Lutheran Social Svcs	4840 W Byron Chicago and Villa Park  Welcoming Center, no appt, at 5215 N California #F101, Chicago 60625	773-282-7800	Lssi.org	<b>Portage Cragin Mental Health Center</b> , 4840 W Byron, Chicago 773-282-7800 Community based counseling for adults, adolescents, and children. Intensive Case management and crisis intervention. Group homes for adults with mental illness. Substance abuse program and detox. Helps new mothers and fathers with parenting. <b>Welcoming Center for people in crisis or need immediate behavioral health care. No appointment is necessary. Walk-In, Mon-Fri, 8am – 7pm,</b> 5215 N California, Suite F101, Chicago 60625, next to Au Bon Pain. 773-561-5809
MaineStay	1700 Ballard Rd, Park Ridge 60068	847-297-2510 x261	<a href="http://mainetownship.com/services/mainestay/psychiatric.shtml">http://mainetownship.com/services/mainestay/psychiatric.shtml</a>	<b>Psychiatric services for residents of Maine Township, age 18 years and older.</b> Evaluations, meds management, consultation, integration of psych care into each client's overall plan. Not for those needing inpatient or having primary chemical dependence. Medicaid recipients are welcome. Contact Anna Lydka, <a href="mailto:adziekonski@mainetown.com">adziekonski@mainetown.com</a> , 847-297-2510 x261
Metropolitan Family Services	820 Davis St #450, Evanston	847-425-7400	Metrofamily.org	Psychiatric evaluation, case management, crisis intervention, children and adults. Intensive outpatient and psychiatric services. Helps veterans reintegrate into civilian life.
	5210 Main St, Skokie			
Phoenix Program	North Shore University Health System - Evanston	847-570-1189	Northshore.org	Psychiatric and psychotherapy services. Family and couples counseling. Alcohol and substance abuse program. Adult ADHD program. Adolescent Day school, afterschool outpatient program. Must be an Evanston resident.
Thresholds	4101 N Ravenswood Ave, Chicago	773-572-5400	Thresholds.org, email - <a href="mailto:intake@thresholds.org">intake@thresholds.org</a>	Multiple services & locations including suburbs. "Thresholds is one of the oldest and largest providers of recovery services for persons with mental illnesses in Illinois. We offer 30 innovative programs at more than 90 locations throughout Chicago, the adjacent suburbs and McHenry and Kankakee Counties. Services include assertive outreach, case management, housing, employment, education, psychiatry, primary care, substance abuse treatment, and research. "
Thresholds Transitions	8050 Monticello Ave Skokie	773-537-3140		Ages 18 and older, day treatment for mental illness, co-occurring disorders
Thresholds Emerge Program	Northern Chicago & suburbs	773-572-5400	Jose Viruet, Program Dir, 773-572-5403, <a href="mailto:joseviruet@thresholds.org">joseviruet@thresholds.org</a>	For ages 18-28, will visit their home. Therapy, referrals, psychiatry, supported employment, crisis intervention. Medicaid required
Trilogy Behavioral Healthcare	1400 W Greenleaf Chicago	773-508-6100	Trilogync.org <b>Crisis 800-322-8400</b>	A Recovery Counselor helps each person connect with needed services and entitlements such as crisis, family, psychiatric, psychological, substance use disorder, employment, and residential services.
Turning Point Behavioral Health Care	8324 Skokie Blvd Skokie	847-933-0051	Tpoint.org <b>Crisis 847-933-0051</b>	Adult, child, adolescent. Individual and group therapy, psychiatric evaluation, medication monitoring, case management, residential program.
Youth Services of Glenview	3080 West Lake Ave, Glenview	847-724-2620	Youthservices-gn.org	Children and families – counseling, crisis intervention, psychiatric testing and evaluations, suicide prevention, social skills group, bipolar support group, long term housing,