



3 Must-Do Events

Sponsored by NAMI CCNS

- 1 Cubs v Cardinals, July 23
- 2 Kick-Off for NAMI Run/Walk, August 14
- 3 NAMI Run/Walk September 24



Cook County
North Suburban

Join Us for all 3 Events!

NONPROFIT ORG
U.S. POSTAGE
PAID
PERMIT NO. 99

Cubs event, July 23

Private room overlooking the marquee at the Cubby Bear, 5–7 p.m. All the ball park food and drink for 2 hrs., 50/50 raffle then 7 p.m. nationally televised game Chicago Cubs vs St. Louis Cardinals

Kick off Event for NAMI CCNS 5k Run/Walk Monday August 14, 6:30 p.m.

This year's event in memory of beloved NAMI CCNS member **Grant Nelson**, food and drinks at Runner's Edge, 1515 Sheridan Rd., Wilmette, IL 60091

Annual NAMI CCNS 5k Walk/Run Sunday, September 24, 2017

at Clark Street Beach, 1845 Sheridan Road, Evanston, IL. Check-in 8 a.m.; Run 9 a.m.; Walk 9:15 a.m.

Register online at <http://www.namiwalks.org/ccns>, call the office at 847-716-2252 or email susanockerlund.namiccns@gmail.com

NAMI CCNS is dedicated to improving the lives of persons and their families affected by mental illness through support, education, advocacy and research