

# Housing Hot Sheet

## *Yours questions answered:*

### **My loved one is in the hospital and waiting to be released, but has no housing options. What can I do?**

Unfortunately, this is a complex answer to a complex process.

- Always speak to your loved one's case manager, social worker, or assigned aftercare coordinator for options first.
- If your loved one needs more recovery time and has insurance that could cover an Intensive Outpatient Program (IOP) or Partial Hospitalization Program (PHP), you may want to look into those options.
  - For a list of IOP and PHP in the Chicagoland area, [click here](#).
- Your loved may need supervision and if your home allows you may want to consider housing them.
  - If you need supervised care and are not able to meet those needs try to seek out in home care services.
    - For a service provider list from Care Illinois [click here](#).
    - For more information on in home care services from the Illinois Department of Human Services [click here](#).
  - If not, you may want to seek alternative housing options such as homeless housing through organizations.
    - **Two organization maybe:**
    - **Journeys | The Road Home:** Providing shelter, services & housing to those who are homeless or at risk of becoming homeless in suburban Cook County.
      - **Address:** 1140 E Northwest Highway Palatine, IL 60074
      - **Phone:** (847) 963-9163
      - **Website:** <https://www.journeystheroadhome.org/>
    - **Northwest Compass:** Providing housing for those at poverty level and struggle to keep a roof over their heads, those at risk of homelessness, or without a home for a few months or less, due to unforeseen personal or financial crisis and those are homeless with a roof, without a roof, or chronically homeless.
      - **Address:** 1300 W Northwest Hwy, Mt Prospect, IL 60056
      - **Phone:** (847) 392-2344
      - **Website:** <https://northwestcompass.org/how-we-help/housing/>

### **I understand these options, but I am looking for more permanent housing or supportive housing choices. Is that something Illinois has?**

Illinois has several options. To be placed in one of these options the client or patient must be 18-59 years of age and obtain social security disability benefits and medicaid/medicare. It is important to seek help from serviced providers such as a SSI or SSDI attorney and a private case manager/social worker to guide the client or patient through the approval processes for SSDI benefits, medicaid, and housing.

- **Specialized Mental Health Recovery Facility or a SMHRF (pronounced - smurf):**
  - Patients are admitted to a SMHRF through a referral, evaluated and assessed through tests by the Illinois vendor, [Maximus Clinical Services](#) and finally placed. Once the patient has been admitted to a SMHRF, the resident can stay the rest of their life or go through different programs called *The Front Door Diversion Program* or *The Moving On Program*. The only insurance accepted by a SMHRF is medicaid or private pay. Medicaid will pay for all medical, room and board for the resident. The resident then receives \$15 per week for themselves through their SSI or SSDI benefits. The resident will be assigned to a particular SMHRF by the state. Residents must be at the SMHRF for at least 60 days before being released into one of the other programs that is run by a partner mental health agency. Stays typically range from six months to a year. It is important to check in always with your loved ones case manager to be certain of residency stays.
- **Front Door Diversion Program:**
  - Residents have regular check-ins with their case management team and life will differ depending on the mental care center provider. Stay of residency will also depend on the mental health care center provider as well. The stay could be up to 17 months. This is a one time program for individuals using the community services, resources, and a mental health care center grantee. To pay for rent, it is 30% of the resident's monthly income. [Information credit: Nursing UIC EDU Program](#)

- **Moving On Program:**
  - Residents have regular check-ins with their case management team and life will differ depending on the mental care center provider. The resident receives a voucher and can move up to three times within their life time. The mental health agency or center helps the resident find housing, helps them purchase furniture and other household needs, and sets them up with community supports both medical and social. To pay for rent, it is 30% of the resident's monthly income. Please note in some circumstances after working with the partner mental health agency the participant may need extra time and can be placed back on the waitlist while still residing at the SMHRF.  
Information credit: CSH - The Source for Housing Solutions
- **Transitional Living Housing (TLP):**
  - TLP is time-limited and designed for individuals who want to be living independently in their own apartments but need to learn or improve their independent living skills before being able to do so. These residents share a two-bedroom apartment with another TLP client (of the same gender) and may remain in the program up to three years. In addition to working with their case manager on learning independent living skills, clients in TLP are required to be involved in typically 12-20 hours of structured activities each week. All residents receive ongoing case management services to assist them in improving skills associated with independent living. This is in addition to any individual or group psychotherapy, medication management, or psychosocial rehabilitation treatment provided by the mental health center provider. Information credit: Turning Point
- **Housing Task Force:**
  - The mission of the Housing Task Force is to be the catalyst to create safe, affordable, permanent supportive housing for individuals living with serious mental illness. The recovery model, using the principal of Housing First, works. Treatment is looked at as a journey of healing and transformation enabling a person with mental illness to live a meaningful life in a community while striving to achieve his or her full potential. A large body of research shows that mental illness is a treatable disease. With recovery-based treatment, the vast majority of individuals with mental illness will see significant alleviation of their symptoms. Many will recover to the point where they are able to return to a life in the community, and to live normal, self-supporting, productive lives. Information credit: Housing Task Force

*For a more in depth details and lists of SMURFs, other housing programs and partner housing & mental health agencies please see our NAMI CCNS Guide to Supportive Housing*

# Additional Professional Housing Support for Families:

**Family Support Services Support:**  
**Mental Health Consultation, Care Coordination and Wrap Around Services**  
**Contact: Bonnie Lane**  
**Email: [bonnielane@thefamilysupportservices.com](mailto:bonnielane@thefamilysupportservices.com)**  
**Phone: (847) 651-1554**  
**Website: <https://thefamilysupportservices.com/>**  
**30 Minute Free Case Evaluation**

**Jeffrey A. Rabin & Associates, LTD:**  
**Social Security Disability & SSI Advocacy**  
**Phone: 1-888-529-0600**  
**Website: <https://www.rabinsslaw.com/attorneys/jeffrey-a-rabin>**  
**Free Case Evaluation**

*Please note this document is updated periodically and all resources and/or housing units listed are subject to change with availability. Please check with your local mental health care center, case manager, social worker or currently operating website for the most up to date information. This resource is not an extensive or exhaustive list of housing resources*