

**NAMI Cook County North Suburban Resources**

Topic	Name	Location	Phone	Website
Guardianship, Social Security, Law	Illinois Guardianship & Advocacy Commission	N/A	1-866-274-8023	<a href="https://gac.illinois.gov/">https://gac.illinois.gov/</a>
	Jeffrey A. Rabin & Associates	Mount Prospect	847-299-0008	<a href="https://www.rabinslaw.com/">https://www.rabinslaw.com/</a>
	Lara Duda (Duda Law Group)	Chicago	312-722-6990	<a href="https://www.dudalawgroup.com/">https://www.dudalawgroup.com/</a>
	Monahan Law Group	Chicago	312-419-0252	<a href="https://www.monahanlawllc.com/">https://www.monahanlawllc.com/</a>
	North Suburban Legal Aid Clinic	Highland Park	847-737-4042	<a href="https://nsublegalaid.org/">https://nsublegalaid.org/</a>
Housing and Employment	Connections for the Homeless	Evanston	847-475-7070	<a href="https://www.connect2home.org/">https://www.connect2home.org/</a>
	Impact Behavioral Health	Evanston	847-868-8664	<a href="https://impactbehavioral.org/">https://impactbehavioral.org/</a>
	Journeys the Road Home	Palatine	847-963-9163	<a href="https://www.journeystheroadhome.org/">https://www.journeystheroadhome.org/</a>
	Northwest Compass	Mount Prospect	847-392-2344	<a href="https://northwestcompass.org/">https://northwestcompass.org/</a>
	Housing Task Force	Wheeling	847-558-9917	<a href="https://www.housingtaskforce.org/">https://www.housingtaskforce.org/</a>
	Thresholds	Chicago & Skokie	773-572-5500	<a href="https://www.thresholds.org/">https://www.thresholds.org/</a>
Substance Use	Ascension: Amita Health - Keys to Recovery	Des Plaines	847-298-9355	<a href="https://healthcare.ascension.org/">https://healthcare.ascension.org/</a>
	Peer Services	Evanston	847-492-1778	<a href="https://peerservices.org/">https://peerservices.org/</a>
	Rosecrance	Chicago & Northbrook	872-273-5294	<a href="https://www.rosecrance.org/">https://www.rosecrance.org/</a>
Psychosis	Northwestern Medicine	Chicago	312-695-1306	<a href="https://www.nm.org/conditions-and-care-areas/behavioral-health/behavioral-health-services-downtown/northwestern-medicine-recovery-from-early-psychosis-program">https://www.nm.org/conditions-and-care-areas/behavioral-health/behavioral-health-services-downtown/northwestern-medicine-recovery-from-early-psychosis-program</a>
	Thresholds - Mind Strong	Chicago & Skokie	773-432-6555	<a href="https://www.thresholds.org/programs-services/youth-young-adult-services/early-intervention-first-episode-psychosis-mindstrong">https://www.thresholds.org/programs-services/youth-young-adult-services/early-intervention-first-episode-psychosis-mindstrong</a>
	Trilogy - Hope First	Chicago	773-382-4060	<a href="https://www.trilogync.org/services/programs-by-name/">https://www.trilogync.org/services/programs-by-name/</a>
Therapy	Josselyn Center	Northfield	847-441-5600	<a href="https://www.josselyn.org/">https://www.josselyn.org/</a>
	Kenneth Young Center	Elk Grove Village	847-524-8800	<a href="https://www.kennethyoung.org/">https://www.kennethyoung.org/</a>
	Relief Mental Health	Chicago & Northbrook	844-786-1179	<a href="https://reliefmh.com/">https://reliefmh.com/</a>
	Rogers Behavioral Health	Skokie	224-740-4100	<a href="https://rogersbh.org/">https://rogersbh.org/</a>
	The Family Institute	Evanston	847-733-4300	<a href="https://www.family-institute.org/">https://www.family-institute.org/</a>
	Trilogy	Chicago	773-382-4060	<a href="https://www.trilogync.org/">https://www.trilogync.org/</a>
	Turning Point	Skokie	847-933-0051	<a href="https://www.tpoinc.org/">https://www.tpoinc.org/</a>
	SunCloud Health	Northbrook	866-729-1012	<a href="https://suncloudhealth.com/">https://suncloudhealth.com/</a>
	Yellow Brick	Evanston	866-823-0373	<a href="https://yellowbrickprogram.com/">https://yellowbrickprogram.com/</a>
Living Rooms	Turning Point	Skokie	847-933-9202	<a href="https://www.tpoinc.org/">https://www.tpoinc.org/</a>
	Josselyn Center	Northfield	847-441-5600	<a href="https://www.josselyn.org/">https://www.josselyn.org/</a>
Peer Support and Interventions	Family First Intervention	Orland Park	888-291-8514	<a href="https://family-intervention.com/">https://family-intervention.com/</a>
	Trilogy Intensive Outreach Community Program	Chicago	773-508-6100	<a href="https://www.trilogync.org/">https://www.trilogync.org/</a>
IOP/PHP	Charlie Health (Virtual)	N/A	866-219-5070	<a href="https://www.charliehealth.com/">https://www.charliehealth.com/</a>
	Chicago Behavioral Hospital	Des Plaines	844-756-8600	<a href="https://chicagobehavioralhospital.com/">https://chicagobehavioralhospital.com/</a>
	Compass Health Center	Chicago	877-552-6672	<a href="https://compasshealthcenter.net/">https://compasshealthcenter.net/</a>
	Lake Behavioral Hospital	Waukegan	855-990-1900	<a href="https://www.lakebehavioralhospital.com/">https://www.lakebehavioralhospital.com/</a>
	Rogers Behavioral Health	Skokie	224-740-4100	<a href="https://rogersbh.org/">https://rogersbh.org/</a>
	Skyway Behavioral Health	Skokie	224-970-1022	<a href="https://skywaybehavioralhealth.com/">https://skywaybehavioralhealth.com/</a>
	SunCloud Health	Northbrook	866-729-1012	<a href="https://suncloudhealth.com/">https://suncloudhealth.com/</a>
	Yellow Brick	Evanston	866-823-0373	<a href="https://yellowbrickprogram.com/">https://yellowbrickprogram.com/</a>
Hospitals	Chicago Behavioral Hospital	Des Plaines	844-756-8600	<a href="https://chicagobehavioralhospital.com/">https://chicagobehavioralhospital.com/</a>
	Endeavor Health - Evanston Hospital	Evanston	847-570-2000	<a href="https://www.endeavorhealth.org/locations/evanston-hospital">https://www.endeavorhealth.org/locations/evanston-hospital</a>
	Lake Behavioral Hospital	Waukegan	855-990-1900	<a href="https://www.lakebehavioralhospital.com/">https://www.lakebehavioralhospital.com/</a>
	Endeavor Health - Northwest Community Hospital	Arlington Heights	847-618-1000	<a href="https://www.nch.org/locations/nch-hospital-and-emergency-department/">https://www.nch.org/locations/nch-hospital-and-emergency-department/</a>
Young Adult	Anixter Center	Chicago	773-973-7900	<a href="https://anixter.org/">https://anixter.org/</a>
	Compass Health Center	Chicago	877-552-6672	<a href="https://compasshealthcenter.net/">https://compasshealthcenter.net/</a>
	Josselyn Center	Northfield	847-441-5600	<a href="https://www.josselyn.org/">https://www.josselyn.org/</a>

	Kenneth Young Center	Elk Grove Village	847-524-8800	<a href="https://www.kennethyoung.org/">https://www.kennethyoung.org/</a>
	Thresholds	Chicago & Skokie	773-572-5500	<a href="https://www.thresholds.org/">https://www.thresholds.org/</a>
	Trilogy	Chicago	773-382-4060	<a href="https://www.trilogync.org/">https://www.trilogync.org/</a>
<b>Family Assistance/Planning &amp; Medicaid</b>				
	Benefits Boost, Inc. - Terri Bodeman	Chicago & Surrounding Areas	847-561-1722	<a href="https://benefitboost.net/">https://benefitboost.net/</a>
	Heartland Law Firm - Marty Fogarty	Glenview	847-881-3445	<a href="https://www.heartlandlawfirm.com/">https://www.heartlandlawfirm.com/</a>
	Family Support Services - Bonnie Lane	N/A	847-651-1554	<a href="https://thefamilysupportservices.com/">https://thefamilysupportservices.com/</a>
<b>Special Needs Legal</b>				
	Heartland Law Firm - Marty Fogarty	Glenview	847-881-3445	<a href="https://www.heartlandlawfirm.com/">https://www.heartlandlawfirm.com/</a>
	Monahan Law Group	Chicago	312-419-0252	<a href="https://www.monahanlawllc.com/">https://www.monahanlawllc.com/</a>
	Erwin Law - Paige Fox	Chicago	872-307-3697	<a href="https://erwinlawfirm.com/attorney/paige-fox/">https://erwinlawfirm.com/attorney/paige-fox/</a>
	Rubin Law	Buffalo Grove	847-279-7999	<a href="https://www.rubinlaw.com/">https://www.rubinlaw.com/</a>
<b>Crisis Response</b>				
	National Suicide and Crisis Lifeline	N/A	988	<a href="https://988lifeline.org/get-help/">https://988lifeline.org/get-help/</a>
	Turning Point Mobile Crisis Team	Skokie	773-933-9202	<a href="https://www.tpoinc.org/services/mental-health-services/#">https://www.tpoinc.org/services/mental-health-services/#</a>
	Trilogy First Response Alternative Team	Chicago	773-432-6555	<a href="https://www.trilogync.org/trilogy-introduces-first-response-alternative-crisis-team-fact-on-north-side-suburbs/">https://www.trilogync.org/trilogy-introduces-first-response-alternative-crisis-team-fact-on-north-side-suburbs/</a>
<b>Teens and Families</b>				
	JCFS - Response for Teens	Skokie	847-441-5600	<a href="https://www.jcfs.org/teens">https://www.jcfs.org/teens</a>
	Yellow Brick Program	Evanston	866-758-4139	<a href="https://yellowbrickprogram.com/">https://yellowbrickprogram.com/</a>
	Upward Community	Chicago	773-478-6000	<a href="https://upwardcommunitychicago.org/">https://upwardcommunitychicago.org/</a>
	The Family Institute	Evanston	847-733-4300	<a href="https://www.family-institute.org/">https://www.family-institute.org/</a>
	Family Service Center	Northfield	847-251-7350	<a href="https://familyservicecenter.org/">https://familyservicecenter.org/</a>
	Metropolitan Family Services	Skokie	312-986-4000	<a href="https://www.metrofamily.org/">https://www.metrofamily.org/</a>
	Skylight Counseling Center	Evanston	847-529-8300	<a href="https://skylightcounselingcenter.com/">https://skylightcounselingcenter.com/</a>
	Charlie Health (Virtual)	N/A	1-866-484-9578	<a href="https://www.charliehealth.com/">https://www.charliehealth.com/</a>
	Compass Health Center	Chicago	847-552-6672	<a href="https://compasshealthcenter.net/">https://compasshealthcenter.net/</a>
	Josselyn Center	Northfield	847-441-5600	<a href="https://www.josselyn.org/">https://www.josselyn.org/</a>
	Relief Mental Health	Chicago & Northbrook	844-786-1179	<a href="https://reliefmh.com/">https://reliefmh.com/</a>
	Skyway Behavioral Health	Skokie	224-970-1022	<a href="https://skywaybehavioralhealth.com/">https://skywaybehavioralhealth.com/</a>
	SunCloud Health	Northbrook	866-729-1012	<a href="https://suncloudhealth.com/">https://suncloudhealth.com/</a>
	NAMI Northwest Suburbs - Family Insight Evenings (For people of F2F or Family Support Groups)	Barrington	847-496-1415	<a href="https://nami-nwsc.org/support-and-education/mental-health-education/family-insight-evenings/">https://nami-nwsc.org/support-and-education/mental-health-education/family-insight-evenings/</a>
<b>POC</b>				
	TMH Mancave	Chicago	773-454-9848	<a href="https://www.tmhmancave.com/">https://www.tmhmancave.com/</a>
<b>Disability</b>				
	Clearbrook (For those with developmental disabilities)	Arlington Heights	847-870-7711	<a href="https://www.clearbrook.org/">https://www.clearbrook.org/</a>
	S.I.B.S	Chicago	<a href="mailto:info@sibsnetwork.org">info@sibsnetwork.org</a>	<a href="https://www.sibsnetwork.org/">https://www.sibsnetwork.org/</a>
<b>Webinar Guests</b>				
	Lifescape Health - Joshua Nathan (ADHD)	Highland Park	847-861-7771	<a href="https://lifescape.com/provider/psychiatrist/il/highland-park/joshua-nathan/">https://lifescape.com/provider/psychiatrist/il/highland-park/joshua-nathan/</a>
	Peer Services - Erin Tegge (Substance Use)	Evanston	847-492-1778	<a href="https://peerservices.org/">https://peerservices.org/</a>
	Family Service Center - Renee Dominguez (Anxiety)	Northfield	847-251-7350	<a href="https://familyservicecenter.org/therapists/">https://familyservicecenter.org/therapists/</a>
	Compass Health Center - Leslie Brankin (Depression)	Chicago	847-552-6672	<a href="https://compasshealthcenter.net/">https://compasshealthcenter.net/</a>
	Northwestern Medicine - Juliet Spelman (Bipolar)	Lake Forest	847-535-6489	<a href="https://www.nm.org/doctors/1386633261/juliet-j-spelman-md">https://www.nm.org/doctors/1386633261/juliet-j-spelman-md</a>
	Advocate Health - Matthew Filippo (Schizophrenia)	Park Ridge	847-795-3100	<a href="https://care.advocatehealth.com/doctors/matthew-j-filippo-park-ridge-psychiatry">https://care.advocatehealth.com/doctors/matthew-j-filippo-park-ridge-psychiatry</a>
	Josselyn Center - Meghan Rosenzweig (Personality Disorders)	Northfield	847-441-5600	<a href="https://www.josselyn.org/staff/meghan-rosenzweig/">https://www.josselyn.org/staff/meghan-rosenzweig/</a>
	Forge Psychology - Milica Popović (PTSD)	Chicago	773-683-3200	<a href="https://www.forgepsychology.com/">https://www.forgepsychology.com/</a>
	Rago & Associates - Maria Rago (Eating Disorders)	Chicago & Naperville	630-637-9300	<a href="https://ragotherapy.com/therapists/maria-rago/">https://ragotherapy.com/therapists/maria-rago/</a>