

NAMI Cook County North Suburban Resources				
Topic	Name	Location	Phone	Website
Guardianship, Social Security, Law	Illinois Guardianship & Advocacy Commission	N/A	1-866-274-8023	https://gac.illinois.gov/
	Jeffrey A. Rubin & Associates	Mount Prospect	847-299-0006	https://www.jrubinlaw.com/
	Lara Duda (Duda Law Group)	Chicago	312-723-6900	https://www.dudalawgroup.com/
	Monahan Law Group	Chicago	312-419-0252	https://www.monahanlawllc.com/
	North Suburban Legal Aid Clinic	Highland Park	847-737-4042	https://nslcaaid.org/
Immediate Housing	Connections for the Homeless	Evanston	847-475-7070	https://www.connect2home.org/
	The Boulevard	Chicago	773-533-6013	https://bdct.org/programs
	Cornerstone Community Outreach	Chicago	773-271-8163	https://ccolife.org/
Housing and Employment	Impact Behavioral Health	Evanston	847-868-8664	https://imeachbehavioral.org/
	Journeys the Road Home	Palatine	847-963-9163	https://www.journeystheroadhome.org/
	Northwest Compass	Mount Prospect	847-392-2344	https://northwestcompass.org/
	Housing Task Force	Wheeling	847-558-9917	https://www.housingtaskforce.org/
	Agents of Hope Training and Information Center			
	Eviston Unlimited (Employment)		773-506-3161	https://www.evistonunlimited.org/programs/employment-services
	Thresholds	Chicago & Skokie	773-572-5500	https://www.thresholds.org/
Substance Use	Mercy Housing			
	Housing Opportunity Development Corporation	Housing properties throughout northern suburbs	847-564-2900	https://hodc.org/en-looking-for-housing/
	Housing Forward			
	Ascension: Amita Health - Keys to Recovery	Des Plaines	847-298-9355	https://healthcare.ascension.org/
Peer Services	Peer Services	Evanston	847-492-1778	https://peerservices.org/
	Rosecrance	Chicago & Northbrook	872-273-5284	https://www.rosecrance.org/
Psychosis	Northwestern Medicine	Chicago	312-695-1306	https://www.nm.org/conditions-and-care-areas/behavioral-health/behavioral-health-services/downtown/northwestern-medicine-recovery-from-early-psychosis-program
	Thresholds - Mind Strong	Chicago & Skokie	773-432-6555	https://www.thresholds.org/programs-services/youth-young-adult-services/early-intervention-first-episode-psychosis-mindstrong
	Trilogy - Hope First	Chicago	773-382-4060	https://www.trilogynic.org/services/programs-hi-nami/
Therapy	Josselyn Center	Northfield	847-441-5600	https://www.josselyn.org/
	Kenneth Young Center	Elk Grove Village	847-524-8800	https://www.kennethyoung.org/
	Relief Mental Health	Chicago & Northbrook	844-786-1179	https://reliefmh.com/
	Rogers Behavioral Health	Skokie	224-740-4100	https://rogersbh.org/
	The Family Institute	Evanston	847-733-4300	https://www.family-institute.org/
	Trilogy	Chicago	773-382-4060	https://www.trilogynic.org/
	Turning Point	Skokie	847-933-0051	https://www.tpoinc.org/
	SunCloud Health	Northbrook	866-729-1012	https://suncloudhealth.com/
	Community Counseling Centers of Chicago			
	Yellow Brick	Evanston	866-823-0373	https://yellowbrickprogram.com/
Living Rooms	Turning Point	Skokie	847-933-9202	https://www.tpoinc.org/
	Josselyn Center	Northfield	847-441-5600	https://www.josselyn.org/
Peer Support and Interventions	Family First Intervention	Orland Park	888-291-8514	https://familyfirstintervention.com/
	Trilogy Intensive Outreach Community Program	Chicago	773-508-6100	https://www.trilogynic.org/
IOP/PHP	Charlie Health (Virtual)	N/A	866-219-5070	https://www.charliehealth.com/
	Chicago Behavioral Hospital	Des Plaines	844-756-8600	https://chicagobehavioralhospital.com/
	Compass Health Center	Chicago	877-552-6672	https://compasshealthcenter.net/
	Lake Behavioral Hospital	Waukegan	855-990-1900	https://www.lakebehavioralhospital.com/
	Rogers Behavioral Health	Skokie	224-740-4100	https://rogersbh.org/
	Skway Behavioral Health	Skokie	224-970-1022	https://skwaybehavioralhealth.com/
	SunCloud Health	Northbrook	866-729-1012	https://suncloudhealth.com/
	Yellow Brick	Evanston	866-823-0373	https://yellowbrickprogram.com/
Hospitals	Chicago Behavioral Hospital	Des Plaines	844-756-8600	https://chicagobehavioralhospital.com/
	Endeavor Health - Evanston Hospital	Evanston	847-570-2000	https://www.endeavorhealth.org/locations/evanston-hospital
	Lake Behavioral Hospital	Waukegan	855-990-1900	https://www.lakebehavioralhospital.com/
	Endeavor Health - Northwest Community Hospital	Arlington Heights	847-618-1000	https://www.nch.org/locations/nch-hospital-and-ambulatory-department/
Young Adult	Anixter Center	Chicago	773-973-7900	https://anixter.org/
	Compass Health Center	Chicago	877-552-6672	https://compasshealthcenter.net/
	Josselyn Center	Northfield	847-441-5600	https://www.josselyn.org/
	Kenneth Young Center	Elk Grove Village	847-524-8800	https://www.kennethyoung.org/
	Thresholds	Chicago & Skokie	773-572-5500	https://www.thresholds.org/
	Trilogy	Chicago	773-382-4060	https://www.trilogynic.org/
Family Assistance/Planning & Medicaid	Benefits Boost, Inc. - Terri Bideman	Chicago & Surrounding Areas	847-561-1722	https://benefitsboost.net/
	Heartland Law Firm - Marty Fogarty	Glenview	847-881-3445	https://www.heartlandlawfirm.com/
	Family Support Services - Bonnie Lane	N/A	847-651-1564	https://thefamilysupportservices.com/
Special Needs Legal	Heartland Law Firm - Marty Fogarty	Glenview	847-881-3445	https://www.heartlandlawfirm.com/
	Monahan Law Group	Chicago	312-419-0252	https://www.monahanlawllc.com/
	Erwin Law - Paige Fox	Chicago	872-307-3687	https://erwinlawfirm.com/timeline/paige-fox/
	Rubin Law	Buffalo Grove	847-279-7999	https://www.rubinlaw.com/
Crisis Response	National Suicide and Crisis Lifeline	N/A	988	https://988lifeline.org/get-help/
	Turning Point Mobile Crisis Team	Skokie	773-933-9202	https://www.tpoinc.org/services/mental-health-services/
	Trilogy First Response Alternative Team	Chicago	773-432-6555	https://www.trilogynic.org/trilogynic-introduces-first-response-alternative-crisis-team-fact-an-north-side-suburb/
Teens and Families	JCFIS - Response for Teens	Skokie	847-441-5600	https://www.jcfi.org/teens
	Yellow Brick Program	Evanston	866-758-4139	https://yellowbrickprogram.com/
	Upward Community	Chicago	773-478-6000	https://www.upwardcommunitychicago.org/
	The Family Institute	Evanston	847-733-4300	https://www.family-institute.org/
	Family Service Center	Northfield	847-251-7350	https://family-service-center.org/
	Metropolitan Family Services	Skokie	312-986-4000	https://www.metfamily.org/
	Skylight Counseling Center	Evanston	847-529-8300	https://skylightcounselingcenter.com/
	Charlie Health (Virtual)	N/A	1-866-484-9578	https://www.charliehealth.com/
	Compass Health Center	Chicago	847-552-6672	https://compasshealthcenter.net/
	Josselyn Center	Northfield	847-441-5600	https://www.josselyn.org/
	Relief Mental Health	Chicago & Northbrook	844-786-1179	https://reliefmh.com/
	Skway Behavioral Health	Skokie	224-970-1022	https://skwaybehavioralhealth.com/

	SunCloud Health	Northbrook	866-729-1012	https://suncloudhealth.com/
POC	TMH Mancave	Chicago	773-454-8848	https://www.tmhmancave.com/
Disability	Clearbrook (For those with developmental disabilities) S.I.B.S	Arlington Heights Chicago	847-870-7711 jfb@sbnetwork.org	https://www.clearbrook.org/ https://www.sbnetwork.org/
Webinar Guests	Lifescape Health - Joshua Nathan (ADHD)	Highland Park	847-861-7771	https://lifescape.com/provider/psychiatrist/highland-park/joshua-nathan/
	Peer Services - Erin Tego (Substance Use)	Evanston	847-492-1778	https://peerservices.org/
	Family Service Center - Renee Dominguez (Anxiety)	Northfield	847-251-7350	https://familycenter.org/therapists/
	Compass Health Center - Leslie Brankin (Depression)	Chicago	847-552-6672	https://compasshealthcenter.edu/
	Northwestern Medicine - Juliet Spelman (Bipolar)	Lake Forest	847-535-6489	https://www.em.ww.nm.edu/doctor/138653261juliet-j-spelman-md
	Advocate Health - Matthew Filippo (Schizophrenia)	Park Ridge	847-796-3100	https://www.advocatehealth.com/doctors/matthew-j-filippo-park-ridge-psychiatry
	Josselyn Center - Meghan Rosenzweig (Personality Disorders)	Northfield	847-441-5600	https://www.josselyn.org/staff/meghan-rosenzweig/
	Fudge Psychology - Mica Pijowski (PTSD)	Chicago	773-683-3200	https://www.fudgepsychology.com/
	Josselyn Center - Maggie Nash (Teen Mental Health)	Northfield	847-441-5600	https://www.josselyn.org/staff/maggie-nash/
	Rogers Behavioral Health - Lissandra Lopez-Valles (OCD)	Milwaukee	833-308-5887	https://rogersbh.org/staff/lissandra-lopez-valles/
	Rogers Behavioral Health - Paula Young (OCD)	Skokie	224-470-4100	https://rogersbh.org/staff/paula-i-young/
	Rago & Associates - Maria Rago (Eating Disorders)	Chicago & Naperville	830-637-9300	https://ragotheory.com/therapists/maria-rago/
	Vagal - Alexia Bauer and Robert Dannenberg (Food and Wellness)	Chicago	773-504-4443	https://www.vagal.io/
	Rogers Behavioral Health - Brittney Fair (Mental Health Stigma)	Skokie	224-470-4100	https://rogersbehavioralhealth.org/brittney-fair/
	Charlie Health - Shawna Putney (Virtual Therapy)	Virtual	888-206-0414	https://www.charliehealth.com/
	Cancer Wellness Center - Savina Chacheva and Stephanie Aaron (Chronic Illness)	Northbrook	847-509-8595	https://www.cancerwellness.org/
	Cancer Wellness Center - Richard Sims (Somatic Exploration)	Northbrook	312-399-8915	https://richardsims.com/
	Soul Survivors of Chicago - Ra'iah Maxie Cole (Suicide in the Black Community)	Illinois	708-374-0428	https://www.soulsurvivorsofchicago.com/
	Cover My Mental Health - Joe Feldman (Insurance)	Illinois	contact@covermymentalhealth.com	https://covermymentalhealth.org/
Hotlines	BlackLine Hotline	English only (but currently working to add Spanish and Haitian Creole)	(800)604-5841	
	CARE: Crisis Alternative Response Evanston	English/Spanish	311 if you're in Evanston or (847)866-5000	
	FACT: Trilogys Mobile Crisis Team for Rogers Park, Edgewater, West Ridge, Uptown, Evanston and Skokie	English/Spanish workers and access to other languages using an interpreter	(800)FACT-400 or (800)322-8400	
	Illinois Warm Line	English/Spanish and access to other languages using an interpreter	(866)359-7953	
	National Child Protective Services	English, Spanish, Polish, Korean, and Chinese and access to other languages using an interpreter	(800) 422-4453 - Call or text. Live chat available at: https://www.childhelpline.org/	
	National Domestic Violence Hotline	Over 200 languages	(800) 799-7253	
	National Maternal Mental Health Hotline	English/Spanish and access to other languages using an interpreter	(833)852-6262	
	National Runaway Safe Line	English/Spanish	(800) RUNAWAY or live chat at https://www.1800runaway.org/	
	National Sexual Assault Hotline	English/Spanish	(800)356-4637	
	National Suicide Prevention Hotline	English/Spanish and access to other languages using an interpreter	888 or (800)273-8255	
	Screening, Assessment and Support Services (SASS)	English/Spanish and access to other languages using an interpreter	(800)345-9049	
	Trans Lifeline	English/Spanish ONLY	(877)565-8900	
	Treasure Project	English/Spanish ONLY	(866)458-7366	
	Veterans Crisis Line	English/Spanish and access to other languages using an interpreter	(800)273-8255	
Physical Health	Whole Pathways to Wellness	Evanston	773-242-7558	